

LAW OF ATTRACTION HIGHLIGHTS CLUES FOR CHANGE

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Is it dawning on you that there is more to the Law of Attraction (**Loa**) than meets the eye? Loa is a spiritual framework that uses intention, backed by thought and emotion, to create and attract desired results. AND like many spiritual paths, it also is a great tool for highlighting healing that's ready to happen.

The MoneyMonk model sees most desire as inspired by spirit and a good thing. Of course, this assumes a certain amount of spiritual evolution and experience. You've gone a bit beyond that first level of individual desire and basic survival needs. Your desires now tend to potentially benefit others as well as yourself.

Loa is basically invisible as it works. Again, like much spiritual work, the end result is often not the main point. Rather it's the process of creating itself that you start to enjoy as you continue to practice. It's fun to watch the movement of an idea toward the real; to bring spirit to matter, as they say. This creation game is such the kicker for many spiritual seekers.

This article talks about a powerful aspect of the Loa - its ability to highlight areas that need healing. These parts may not always feel good at the time. Let's look at a real life example to illustrate how even if unpleasant, the Loa can lead to awareness that invites positive change.

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CONSCIOUS WEALTH EXPERIMENTS HEAL THE PAST

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Some things seem big to us at various times – buying a house or car for example. Recently I personally played the car upgrade game. I had a new Loa paradigm to play with, so I made the whole thing a **conscious wealth experiment**.

There were really fun and healing parts of the experiment. The last time I sold/bought a car, I went a little too fast (my car broke down right before a vacation road trip). That car didn't feel quite right, personally and ecologically. As well, funky karma was a result (the AC never got fixed as promised).

I set out to bring in a more suitable car. I made a dream board. I test drove a brand new Matrix, the dream car of the current time, as a big picture

action step. I visualized and worked on the higher internal qualities this better mpg car would bring me.

(Aside - that test drive led to the car I ended up buying. I met the Buddha of car salesman! Normally I wouldn't have done that test drive since there was no plan to buy a Matrix. Since I was cultivating LoA good feelings, the test drive became a why not? This step ended up playing a crucial role.)

Part of the process was forgiveness of the past. I did a special pipe ceremony with a friend to heal the old car karma (I live in Boulder, okay?). I forgave myself for rushing the purchase, and the previous owners for problems that emerged with the AC. Pretty quickly after this step, that car's AC was fixed. I guess we got the meridian flowing under that right headlight;)

At any rate, I felt good about the process. It did go on a while – I realized I had some work here. After almost two months, I still hadn't found the right buyer, though there was progress. I was just about to wait until the fall to try again.

Then all of a sudden, the perfect buyer appeared. Great! But wait! Now I had to find a car. And I needed a car to find one. If you've done this, you know the suspense and time pressure. Drama galore! Three days later the deed was done.

The decision came down to two cars – both pretty much exactly what I'd asked for. Just imagine being at the car dealer, trying to meditate and connect to your spiritual sense while they have the FM station blaring across the parking lot. Ha! Hint: take a walk!

I made the decision. It was kind of anti-climactic. Just like the car color (white). But there it was, the Toyota Corolla I'd imagined. Stick shift. Check. AC. Check. 4 door. Check. Good mpg. Check. The Honda Civic had all of these features too. Maybe was sexier, though older... I let it go. **That's when things got really interesting . . .**

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LOA GIVES CLUES FOR NEEDED CHANGE

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Car A finds good home, Car B fits new owner much better, and uses less gas. **End of story, happy ending, right?** Well, big purchases, these cars, these homes, these lovers – they're a big deal. Okay just kidding with the lovers – but if you do know of a good '67 model with a 5 speed Nevermind.

Anyway, there are often compromises, even when it's a near perfect match. You may wonder about the one that got away. Fine. But I became convinced the day after that the Civic had been the better choice and I messed up. Darn! *I could have done this better, I could have made the offer I initially thought of, I could have, should have ...* Yeah. I think you get the picture that unfolded.

A day later, I was able to have a bit more detachment. **First of all**, making this change entailed an adjustment period from the old to the new. This will be especially true when you attract big items. (Or smaller cars - you should have seen me getting in and out of the Toyota the first few days. Gasp! The steering wheel was interfering with my breathing!)

Second of all, I hadn't mastered the sales transaction. I could have gotten a better deal. I could have taken that walk. I could have made the decision from a quieter, more grounded place. I could have walked away, as a learning experience. Though perfection is not the point ... so says my Altar Ego, Tina T.

Well - this Loa experiment **highlighted an old pattern** ripe for specific reprogramming. Maybe you heard it above. That would be the one that says, no matter what I do, there'll be very important things to criticize. I will mess it up. The goal of the criticism is to undermine any effort I make at all - to make it ALL wrong. Anyone get that one in the training? Phew, that's a major downer for any type of expansion. Flashes of previous backlashes appeared before my eyes, after performances for example.

But my higher Self, or more aware side, could say - *Hey, earth to Denise. This is a pretty big deal to buy a car. **Have some mercy on yourself. Give yourself a break. Relax, sit with it; let it sort out.*** I had to thank the Big guy/gal - and it was true. The stress itself was enough to keep me levitating, never mind running loose in a Toyota dealership, and successfully making a decision between two equally appealing options. Yo!

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BRILLIANT CONCLUSION AND IDEAS TO DISCUSS

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Conscious wealth experiments may not end perfectly. It is evolution and it can be messy. Shoot for good energy, karma clearing and great learning. That perspective helps a lot. Hey - within a week or less, I shrunk or the car grew. It became the perfect car again . . . for now.

By all means, focus on your goals and desires using the Loa. Plan some experiments (more on this on my revised website, soulsavvy.org). At the same time, **keep your spiritual eyes open for other side dishes** - for example,

clues about old patterns you'd like to heal. It's great when you can change a belief like, "No matter what, I'll screw it up", to "Wow. Another successful conscious wealth experiment. Right on."

FURTHER DISCUSSION POINTS: (Discuss with your Loa buds or email me.)

1) Stress levels in big purchases often run pretty high. This is not always the best ground from which to make a good decision. How have you kept a handle on your stress in times like these (buying a house or car, moving, ending or starting relationships, etc.)?

2) How would you go about changing a pattern or tendency that undermines you? Use the example above and talk about the steps you'd take to reprogram the critical backlash tendency.

3) What would you like to change right now in your life that feels big? How will you do it?

4) What would you have done, besides taking a walk, when you had to make the decision at the Toyota dealer but couldn't settle down with all the stress, energy and noise?

5) What do you do when you meet the Buddha in a car dealership?

Yours in True Wealth,
MoneyMonk / Denise Barnes

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SoulSavvy / MoneyMonk eZine, PO Box 1002, Boulder, CO 80306